



Even when we're together, we're all having different experiences, using our knowledge and experience to interpret situations and events. We can never truly know what it's like to be in someone else's shoes, but we can consider how they might view things differently. Try considering a situation from someone else's perspective. Ask clarifying questions, and practice active listening.

Perspective-taking encourages Social Awareness, one of five core Social Emotional Learning Competencies. Learn more here: bit.ly/nysel

