



GENEROSITY

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Generosity does not require material abundance, or neglecting self-care in service of others. Generosity does mean cultivating an understanding that our presence, our time, and our talents are valuable, and being willing to share those gifts without expectations. It means practicing gratitude for the opportunity to share our unique resources and recognizing that compassion is not limited.

Generosity encourages Relationship Skills, one of five core Social Emotional Learning Competencies. Learn more here: bit.ly/nysel